



Targeted Skin Cleansers

♥ Designates HAR/T™ Method Products

Product	Benefit	How Used	Night/Day	Skin Type
LACTIC CREAM CLEANSER Product #043	Gentle exfoliating cleanser for Skin renewal PH 3.5-4	As needed Wet hands, apply to skin, rub gently, then rinse	Both	Normal to Dry
SENSITIVE SKIN CLEANSING FOAM Product #287	Gentle cleansing for very sensitive skin Reduces the appearance of redness Fragrance free	As needed Wet hands, apply to skin, rub gently, then rinse	Both	Sensitive/ Redness-Prone/ Post-Treatment
VITAL C CLEANSER Product #311	Antioxidant gel cleanser Fragrance & paraben free	As needed Wet hands, apply to skin, rub gently, then rinse	Both	All
GLYCOLIC 10 GEL CLEANSER Product #490	Contains 10% Glycolic acid for enhanced exfoliation Paraben-free	As needed Wet hands, apply to skin, rub gently, then rinse	Both	Normal to Combination / Oily skin
LACTIC CLARIFYING CLEANSER Product #243	Gentle exfoliating cleanser for Skin renewal	As needed Apply foam to palm and gently rub over face. Rinse with warm water.	Both	Combination/Oily
WEEKLY SCRUB Product #654	Moisturizing exfoliating cleanse for enhanced skin renewal	Use 1-2 times weekly. Apply to damp skin and massage in a circular motion. Rinse thoroughly. To use as a mask, leave on for 3-5 minutes, then rinse off.	Night	Normal/Dry

Topical Skin Tone Management Agents

SKIN BRIGHTENING SERUM Product #200	Gently brightens Mild exfoliator Hydroquinone & sulfite free	Apply 1-2 times daily or as directed Alternate with a retinoid for best results	Either	Normal/ Oily
ADVANCED THERAPEUTIC CREAM Product #494	Potent skin brightener Fragrance-free, Compounded freshly 5% Glycolic acid plus Retinoid	Apply to affected areas 1-2 times daily or as directed.	Either / Both	Normal / Dry

Barrier Enhancement Agents

HYALURONIC TREATMENT GEL Product #244	Moisture enhancer Reduces the appearance of fine lines & wrinkles Paraben & fragrance free	Apply as needed Can also be used under creams & lotions	Either	All
SOOTHING HYDRATION LOTION Product #339	100% oil-free moisturizer Mattifies skin Fragrance & preservative free	Apply as needed	Either	Combination/Oily
HYDRATING B3 CREAM Product #388	Intense moisturizer Vitamin B3 improves texture, redness, Paraben, fragrance, & solvent free	Apply as needed	Either	All
VOLUMIZING HYDRATION COMPLEX Product 624	Harnessing the restorative power of water for improved skin appearance Retinoid-free	Apply 1-2 times daily, or as directed.	Either or Both	All
INTENSIVE MOISTURE REPLENISHER Product #669	A rich, occlusive gel Enhanced with olive-derived Squalane	After cleansing skin, apply a small amount as needed to face, neck and back of hands.	Either	All



Topical Skin Renewal Preparations

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Product	Benefit	How Used	Night/Day	Skin Type
RETINOL 20 GEL Product #203 ♥	Reduces appearance of fine lines & wrinkles Paraben free	Apply every other night (for best results alternate with a product that contains vitamin C)	Night	Normal/Dry
SOOTHING VITAL C GEL Product #212	Antioxidant Reduces the appearance of fine lines, wrinkles and redness Paraben free	Apply nightly or every other night	Either	Dry/Sensitive/ Post-Treatment
ADVANCED VITAL C SERUM Product #421 ♥	Brightens & smooths texture Antioxidants Enhances retinoid effectiveness / PF	Apply nightly or every other night alternating with a retinoid	Night (for best results)	All
RETINOL 50 CREAM ADVANCED RETINOL 100 CREAM Product #432, 433 ♥	Reduces appearance of fine lines & wrinkles Paraben free	Apply every other night (for best results alternate with a product that contains vitamin C)	Night	Normal/Dry
SKIN REVITALIZING WEEKLY PADS Product #513	10% Azeloyl trichloroacetamide, combined with Salicylic acid, smooths skin texture and reduces the appearance of enlarged pores	Use once weekly or as directed.	Night	Oily/Blemish-prone
ADVANCED REFINING TREATMENT CREAM Product #565 ♥	Intensive combination of a retinoid, peptides, anti-oxidants (Vitamins C, E and Ferulic acid ester) and Nicotinyl trichloroacetamide	Nightly or every other night as directed. Alternate with intense recovery complex as needed	Night	All Except Sensitive
NECK REJUVENATING CREAM PM Product #589	For the delicate area of the neck combining anti-oxidants, a gentle hydroxyacid ester and a retinoid. Helps reduce the appearance of neck area redness	Apply every evening, or as directed. For best results, apply Broad Spectrum sunscreen every morning.	Either	All except Sensitive

Eye Area Products

ADVANCED EYE CREAM Product #205 ♥	Improves the appearance of fine lines & wrinkles Addresses puffiness & dark circles Paraben free	Apply a thin film to orbital area 1-2 times daily	Either/Both	All
RETINOL EYE TREATMENT Product #227 ♥	Improves the appearance of fine lines & wrinkles Smooths skin	Apply a thin film to orbital area 1-3 times weekly *decrease use if dryness occurs	Night	All Except Sensitive
BRIGHTENING EYE COMPLEX Product #284	Brightens skin beneath the eye	Apply a thin film to orbital area every other night	Either/Both	All

Lip Area Products

ADVANCED LIP THERAPY AM Product #794	Daytime protection with Chemical- free SPF 30 Broad Spectrum sunscreen with powerful anti-oxidants Vitamins C, E, Ferulic ester and Argan oil	Apply to lips as often as necessary. May be applied under lipsticks.	Day	All
ADVANCED LIP THERAPY PM Product #795	Barrier replenishing lipids with skin rejuvenating HPR Retinoid, Lactic ester, Peptides and Kinetin	Apply a thin film to lips at bedtime.	Night	All



Sunscreens

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Product	Benefit	How Used	Night/Day	Skin Type
PROTECT & HYDRATE Broad Spectrum SPF 40 Emollient Sunscreen Product #324	Routine, broad-spectrum UVA/UVB protection No chemicals, fragrance or preservatives Emollient vehicle	Apply prior to sun exposure Reapply every 3-4 hours	Day	Normal to Dry/ Post-Procedure
HYDRATING PROTECTION Broad Spectrum SPF 40 Product #603	Routine, broad-spectrum UVA/UVB protection Fragrance- and preservative-free Elegant, sheer application Non-tinted emollient vehicle	Apply prior to sun exposure Reapply every 3-4 hours	Day	Normal/Dry
BRONZE GLOW SUNSCREEN Broad Spectrum SPF 40 Sunscreen Product #746	Routine, broad-spectrum UVA/UVB protection No chemicals, fragrance, parabens, or preservatives Ideal for skin of color	Apply prior to sun exposure Reapply every 3-4 hours	Day	Combination/Oily

Oily Skin Care Products

DAILY CLARIFYING PADS Product #143	Skin degreasing Mild exfoliation Anti-acne Paraben free	Apply 1-2 times daily	Both	Oily/Combination Acne-Prone
BLEMISH ERASER Product #246-FA	Helps to eliminate active blemishes	Apply to affected areas 1-3 times daily	Either	Combination/Oily/ Acne-Prone
SOOTHING HYDRATION LOTION Product #339	100% oil-free moisturizer Mattifies skin Fragrance & preservative free	Apply as needed	Either	Combination/Oily
GLYCOLIC 10 GEL CLEANSER Product #490	Contains 10% Glycolic acid for enhanced exfoliation Paraben-free	Gently massage a quarter size amount onto dry skin. Add water to lather. Then remove with a clean, moistened wash cloth. Splash face 10 to 15 times with lukewarm water. Blot dry.	Both	Normal to Combination / Oily skin